



March Newsletter

Acro Gymnastics, Cheerleading, Gymnastics, Tumbling
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Dear Athletes & Parents,

Wow! I love it when I have good news to report! Here is a list of exciting topics affecting Aerial's families:

1. Many of you have had the opportunity to meet our trainer, Kari Terrell. About 3 years ago, she was assigned to help take care of our athletes. What you may not know is that she delivered **4 healthy baby girls** on Wednesday, February 25th. The babies - Tessa Nicole, Kaylee Anna, Tysen Lane & Kenzi Marie are all now breathing on their own. Kari is married to Tim Terrell, an aerospace engineer at Wright-Patt and also has a young son, Kasen, at home who will be 3 in May. The family resides in Leesburg. We all wish Kari and family the best ☺

2. Disney **HERE WE COME!** On March 14 & 15, the Aerial's EXTREME Mini & Youth Teams will be competing at the UCA All Star Nationals to be held at Walt Disney World. Besides Worlds, this is the most prestigious competition for all star cheerleading in the World. Only the best of the best attend this National competition. Our teams qualified at the UCA Miami Valley Regional held at Centerville HS in November. Both teams have earned their way to this competition through hard work, determination and with the help of many in the community. Thank you for your financial support of these two teams and most of all for your prayers. Those attending are: Samantha Achtermann, Rachel Avery, Ally Bailey, Brook Britain, Whitney Britain, Mikhayla Carter, Hailey Clayborn, Abby Cranmer, Madi Crowe, Cyan DeBoard, Kennedy Eades, Morghan Eades, Shannon Eades, Makayla Ernst-Harper, Madison Enright, Jenna Lawson, Joshlin Lawson, Kirstin Lombardo, Kylie Laug, Ali Little, Madison Morgan, Brittany Owens, Karlee Rice, Rachel Schuler, Summar Shagra, Ashley Tissot.

3. Scholarships – thank you to those who have donated into the scholarship fund. Again this quarter, we were able to help 4 athletes with their gymnastics/cheer expenses. The fund is now down to less than \$30. Any donations into this fund would be greatly appreciated. Thank you!

God Bless,

March Birthdays – Happy Birthday Athletes! Don't forget to ask a staff member for your birthday sucker ☺

- | | |
|--|-------------------|
| 1 Autumn Baker | 12 Kathryn Hardin |
| 3 Sophia Agee | 15 Danielle Hess |
| 4 Rachel Avery | 19 Holly Fouch |
| 5 Courtney Griffith & Summar Shagra | 21 Sydney Palmer |
| 6 Brittany Gregory | 22 Katelyn Farley |
| 7 MaKayla Brewer, Bethany Ellen, & Anna Gray | 31 Reagan Wisecup |

Promotions

Although sticker charts are only completed at the end of the quarter, athletes are evaluated at the end of each month. If you are promoted, please see an office staff member to check on class availability. Congratulations Athletes for an outstanding month! Promotions this month include:

Mackenzie Adams promoted to the Intermediate Class!

Kiley Allen promoted to the Elite II Class!

Kaitlynn Arnold promoted to Hot Shots!

Alyssa Carter promoted to the Intermediate Class!

McKenzie Carter promoted to the Intermediate Class!

Hailey Clayborn promoted to the Elite I Class!

Abby Cranmer promoted to the Advanced Class!

Madi Crowe promoted to the Elite I Class!

Maggie Donahue promoted to the Advanced Class!

Jaeleigh Hart promoted to the Advanced Class!

Emalee Jett promoted to the Intermediate Class!

Alyson Murphy promoted to the Beginner Class!

Maria Onusko promoted to the Advanced Class!

Alyssa Pollitt promoted to the Advanced Class!

Karlee Rice promoted to the Elite I Class!

Rachel Schuler promoted to the Elite I Class!

Ashley Tissot promoted to the Advanced Class!

Closings & Inclement Weather

This time of year sometimes brings inclement weather to the area. In most cases the gyms will stay open because typically by the evening roads are cleared. If classes/team is ever cancelled, it will be announced on WLWT Channel 5 (Cincinnati NBC). You can also visit wlwt.com for a list of closings.

Proper Attire- Athletes, please make sure that you are dressed appropriately for your class. All female athletes should wear a leotard (shorts are optional). Male athletes may wear a t-shirt (the tighter the shirt the better) and shorts. It is difficult and at times unsafe to spot an athlete wearing a baggy t-shirt. If you are unable to afford a leotard, please see a staff member. Many families have donated gently used leotards. We have many FREE ones to pick from.

Aerial's Recital 2009 – RECITAL ORDERS DUE BY MARCH 7th!!!! :

Make Plans NOW to attend the 2009 Recital to be held Saturday, May 30, 2009. There might be a LOCATION CHANGE - Originally, we were planning on hosting the recital at Hermann Court on the campus of Wilmington College; however after hosting the acro meet at Clinton Massie, we are now exploring that venue as a possible option. A final decision will be made this month. The benefit of using the college is that it is more centrally located for our athletes. However, last year we had trouble with parking, no air conditioning and a poor sound system – 3 areas in which Clinton-Massie is much stronger. Once a decision is made, the location will be announced.

Aerial's Gym Space

I am very sorry, but due to liability reasons, our insurance does not allow spectators to enter into the gym space. Spectators must remain in the lobby at all times. The only exception is the parent/child preschool classes – if a parent is going to help with the class then he/she must sign a release prior to being in the gym space. Also, any parent helping is asked to stay off of the beam, bars, vault & trampoline. **If you are not helping your preschooler and have not signed a release form for yourself, then you must wait in the lobby.** Thank you for your understanding. If at any time, you have questions about what your child should be working on, please see his/her instructor before or after class. Thank you!

Aerial's Acro Gymnastics Team:

In Mid-January, Angie, Tina & Melissa along with 8 team members (Taylor, Holly, Jayme, Ashli, Emily, Brooke, Courtney & Sammi) attended the USA Acro Gymnastics Super Clinic held in Rockville, Maryland. It was a great educational experience for all that attended. The coaches brought home many new ideas and coaching techniques to be used with the team and recreational classes.

The Acro Team hosted their first meet of the season at Clinton-Massie High School on Sunday, February 15 at Noon. Teams attended from Ohio, Indiana & Michigan. The Aerial's team had a fantastic first meet with many pairs & trios winning their divisions. Their next meet will be held Sunday, March 29th at the Sidney-Shelby County YMCA in Sidney, OH.

Aerial's Gymnastics Team:

On February 20th, the Aerial's Gymnastics Team competed at the Buckeye Classic held in Columbus. This is one of the most prestigious gymnastics invitationals in the country. The meet attracted teams from across the US and included even the highest level elite athletes. Although none of our athletes placed at this meet, it was a great learning experience. The athletes & parents are now more motivated than ever to see our program grow. Their next meet will be held Saturday, March 14 at Flip-N-Twist in Cincinnati.

Back Handspring Clinics

Make plans now to attend a Back handspring Clinic! To attend the back handspring clinic(s), athletes must be able to perform a good round off and also a good handstand (should be able to support own body weight in a handstand position for a minimum of 30 seconds). The cost is \$18 and must be paid in advance – or \$45 to prepay for all 3 spring clinics. Athletes also must have a release form on file.

Spring Back Handspring Clinics: March 21 April 25 May 16

BIRTHDAY PARTIES!

The birthday parties have been a huge success! Thank you to all of you who have chosen to have your birthday party at Aerial's. The 4000 sq. ft. Wilmington gym is a great place for athletes and his/her friends to have a FUN, FUN, FUN and unforgettable birthday party. If you are interested see Denise, and book your FABULOUS PARTY TODAY!!!!

Class Fees: All parents are required to sign a registration form at the start of each quarter that states that he/she has read the policies and procedures. No exceptions will be made for those parents who choose not to read the policies and procedures.

- ***Tuition payments are due on or before the first practice of every month or quarter. A \$5 per week late fee will be applied after the 7th of each month.***
- By enrolling in the quarter, ***athletes are committing to the 12-week session.*** Although athletes have the option of paying in three monthly installments, ***one is still required to pay for the entire quarter.*** If an athlete decides to stop coming to class in the middle of the quarter or after one month, he/she will be billed for the remainder of the quarter.
- It is now time to register for the Spring Quarter. Quarterly fees are due at the time of registration or you may pay in three monthly payments. The first payment is due at the time of registration, the 2nd payment on or before March 7th and the 3rd payment on or before April 7th. A \$5 per week late fee will be applied to those payments made after the 7th of each month.

Anniversary Month - Registration Fees

(This is NOT a past due notice, but just a reminder to those whose anniversary month is January:

All athletes are required to pay a \$25 annual registration fee. The annual registration fee is due the first month enrolled and then annually thereafter. Athletes will receive a t-shirt once the registration fee is paid, not before. I would rather not post the past due. Please see Denise if you have questions, or are unsure as to when your fee is due. Those due in March (some may have already paid – thank you!) are and any other new student not enrolled at the time of print: **THANK YOU TO THOSE WHO ALREADY PAID ☺**

Adams, Makenzie	Cox, Paige	Greathouse, Tyler	Pollitt, Alyssa	Thompson, Kennedy
Allen, Keeley	Creed, Makayla	Griffith, Tylar	Price, Emily	Trent, Ginny
Ames, Kate	DeBoard, Cyan	Hart, Jaeleigh	Reiley, Lexus	Wisecup, Reagan
Baker, Grant	Denehy, Liam	Howard, Brittney	Simpson, Emma	Zimmerman, Abigail
Burgess, Stella	Duncan, Shaleigh	Lombardo, Kirstin	Sluss, Mackenzie	
Carrozza, Adah	Eakins, Gracey	Onusko, Maria	Smart, Courtney	
Clements, Katie	Goodall, Alisha	Owens, Brittany	Thackston, Teigan	

Monthly Prayer Requests / Devotion:

The last class of the month will include the following: a short devotion, a time for athletes to share prayer requests (to be included in the next month's newsletter), and a short prayer. We highly encourage all athletes to participate. If you do not want your child to participate, then please let a staff member know. **Prayer Requests for February; please know that I try to get names & spellings correct @**

Katie Ames Grandparents	Mackenzie Anderson Music Teacher	Meg O'Connor's family death	Pets	God
Family	Jhaela Coleman – teacher has cancer	Taylor Chaney's friend Anna	Recital	Cindy Williams
Caleb Vanpelt – young student from Clinton-Massie with cancer		Clint Stotts tonsils	Morgan McIntosh	
Aubrey Powell's Grandma	Missy Goodall	Josh Griffith	Sonny Ramsey Auto Accident	Teachers
Grandparents	Mackenzie Adams-Grandma Cancer	Maggie Donahue Mother	Shane Carter	Kyndall Penwell's Brother
Darcie Zeckser's Grandma	Abby Cranmer's Teacher			Cyan DeBoard's Aunt
Ashlyn Connor's Teacher & Grandmother, also her Mother & Step Father			Mindy Tissot-III	Makenzie's Cousin
Colt Spencer – Uncle Died	Calvin Walls – Father	Safe Travel to Disney		Those going through divorce
Bruce III	Bishop's Uncle	Makenzie Sweetman's Grandmother		Lani Mayer – Mother's knee
Kennedy Thompson-Grandpa	Jackson	Brooklyn Surber's Friend Annie		Annie Wood's Brother
Michelle Wood's Cousin's friend	Emma Burgess & family			Tyler's Grandpa had heart attack
Rebecca – grandma	Sydney Murtland – Aunt's wrist	the Aerial's Staff & decisions regarding larger gym space ☺		

I can do all things through Christ who strengthens me. Philippians 4:13

Please complete and return no later than WEDNESDAY, MARCH 18

Fitness Center Survey

We are considering renting the additional units in the Wilmington Location (795 A&B Davids Drive). If we do this, there may be a fitness center go into the C Unit. We are curious as to the interest in this type of facility. Please complete and return to the Aerial's Office no later than Wednesday, March 18. Thank you for your time and input!

Name (Optional): _____

Would you be interested in using the services of a fitness center located adjacent to the Wilmington gym? _____

If so, what types of services might you utilize (please circle all that apply)?

- Aerobic classes
- Individual Personal Training
- Group Personal Training
- Membership to workout on your own time/convenience
- Wellness or nutritional information/classes
- Kick boxing
- Zumba
- Other: _____

What amount do you feel is reasonable for a membership for this type of facility? _____

How much do you feel is reasonable for an hour of personal training? _____

How critical is daycare in you deciding to join? _____

Other comments or suggestions: _____