



May Newsletter

Acro Gymnastics, Cheerleading, Gymnastics, Tumbling
937-383-5700
www.aerialsathletics.com

Now Accepting Summer Registrations!

Dear Athletes & Parents,

Happy Mother's Day! I hope each of you enjoyed the time spent with your children or your own mother. Recently, an article ran in the Wilmington News Journal referring to the amount of stress that women in Clinton County are facing – our stress levels (and depression) are currently far above the national average. There is no denying that mothers are trying to take on more than their fair share of responsibilities. What happens when women become stressed – we become more tense, frustrated and often irritable.

Just in the past 24 hours this is what I have heard about families at Aerial's: another parent lost their job, another divorce, a staff member's father was diagnosed with cancer, a parent explained to me about the effects of her chemo treatments, an athlete's health problems and recent treatment at Children's, stomach virus, a spouse fight, a pet dying, someone's parent dying and the hurt of a friend's gossiping. One parent said a few days ago to me, "it is depressing coming into the gym because you hear of all of the bad things happening in our community." There is no doubt that we are facing challenging times and I will be the first to admit that it has brought me down.

My challenge to you this month, is to focus on the positive. Be grateful for the beautiful children that you have, the roof over your head, the food on your table and the opportunity to spend time with your family. Last, admit that we are all sinners and pray for forgiveness. Pray for the health and safety of the children at Aerial's and pray for the staff that they always stay positive and make the best decisions for this community. WWJD – What would Jesus do with this newsletter? Set it back above the TV in the lobby? Throw it away? OR... take it home and put it on your nightstand to remember to pray for the athletes and families at Aerial's!

Have a great month – God Bless!

May Birthdays – Happy Birthday Athletes! Don't forget to ask a staff member for your birthday sucker ☺

5 Kiley Lamb	21 Ida Monroe
6 Makenzie Adams, Logan Shope, Luke Neikirk	22 Sarah Williams
7 Jessica Crawford	23 Meg O'Connor
8 Michaela Arehart	24 Mackenzie Anderson, Ceejay Smithson
10 Alyssa Hickey	25 Kendall Anderson, McKenzie Avery
11 Courtney Arnold	26 Emily Campbell, Payton Howell
12 Morgan Shepherd	27 Hannah Smith
14 Lani Mayer, Lauren Myers	28 Destiny Trefz
15 Lindsay Ellen	29 McKenzie Carter, Cyan DeBoard, Lauren Heard
20 Stefani Rae Brewer, Megan Stotts	

Aerial's Recital 2009 – rehearsal & recital will take place at Clinton-Massie High School:

Wilmington Rehearsal	Friday, May 29 th	6:00-8:30 PM (preschool will only need to stay until 7 PM)
Leesburg Rehearsal	Saturday, May 30 th	9:00-11:30 AM (preschool will only need to stay until 10 AM)
Leesburg Show	Saturday, May 30 th	2:00-4:30 PM (athletes will need to report back at 1:30)
Wilmington Show	Saturday, May 30 th	6:00-8:30 PM (athletes will need to be there at 5:30)

- The Aerial's Acro Team will be serving food throughout the day and you're welcome to stay at the school and eat rather than leave and come back. However, if you choose to leave and go into Wilmington for lunch, there should be ample time.
- General Admission will be \$5/\$2 for children (ages 3-12) – admission will be charged when doors first open on Saturday, May 30th at 8 AM. You will then be stamped for the rest of the day. This will help reduce the wait time for admission to the show.

Recital DVD's:

This year we will be using Tech-T Productions out of Hillsboro for the recital DVD's. We are very excited to use this professional company for this year's program. The company will use multiple high quality cameras to get the best coverage possible. We are currently taking orders for the recital DVD's at \$20 per show. Place your order now and avoid lines at the recital ☺

Parent Volunteers:

Please see Melissa Shepherd or email her at melissa@aerialsathletics.com if you are willing to serve as a parent volunteer at the rehearsal and/or recital.

Recital Pictures:

Pictures will be distributed at the recital rehearsal. The photographers will bring a memory mate & 2 5X7's for each child. If you'd like to order additional pictures, you may do so at the rehearsal. \$14 per sheet for 1-2 sheets; \$12 per sheet for 3-4 sheets; \$10 per sheet for 5-7 sheets.

Recital Theme T-shirts & Shorts:

The "John Deere" shirts have been a huge hit! We are taking orders for those who did not get one, but would like one. Please see Emma, Melissa or Angie to order – order no later than **Wednesday, May 13.**

Promotions

STICKER DAY (Quarterly Evaluations) will be completed the week of May 11-16. Although sticker charts are only completed at the end of the quarter, athletes are evaluated at the end of each month. If you are promoted, please see an office staff member to check on class availability. Congratulations Athletes for an outstanding month!

Proper Attire- Athletes, please make sure that you are dressed appropriately for your class. All female athletes should wear a leotard (shorts are optional). Male athletes may wear a t-shirt (the tighter the shirt the better) and shorts. It is difficult and at times unsafe to spot an athlete wearing a baggy t-shirt. If you are unable to afford a leotard, please see a staff member. Many families have donated gently used leotards. We have many FREE ones to pick from.

Aerial's Gym Space

I am very sorry, but due to liability reasons, our insurance does not allow spectators to enter into the gym space. Spectators must remain in the lobby at all times. The only exception is the parent/child preschool classes – if a parent is going to help with the class then he/she must sign a release prior to being in the gym space. Also, any parent helping is asked to stay off of the beam, bars, vault & trampoline. **If you are not helping your preschooler and have not signed a release form for yourself, then you must wait in the lobby.** Thank you for your understanding. If at any time, you have questions about what your child should be working on, please see his/her instructor before or after class. Thank you!

Aerial's Acro Gymnastics Team Update:

The Aerial's Acro Team had another great performance at their third meet of the season on April 26th at Sidney-Shelby County YMCA. All athletes have qualified to compete at the Ohio State Championships on Sunday, May 17th at Tops in Centerville.

Those interested in the Acro Team for the 2009-2010 season should consider registering for the Aerial's Preteam during the Summer Quarter. Please see Angie for more information!

Aerial's Gymnastics Team:

The Aerial's Gymnastics Team ended their season on Saturday, May 9th with an outstanding performance at the Recreational League Championship Meet held at Trics in Washington Court House. Many athletes performed their best routines of the season.

It is with great sorrow, that I announce that Pam will be taking a leave of absence to focus on her final year of nursing school. Pam has only one year remaining to become a RN. She looks forward to returning soon to teaching/coaching. We wish her the best in accomplishing her dreams! Due to this decision, for the summer quarter there will be no competitive gymnastics team at Aerial's. With all other programs, we have at least 3 coaches that have been through the background checks, training, certification and other necessary requirements to coach. With gymnastics, we don't currently have the resources (time, money, staff) to be able to offer a high quality competitive program. I'm not sure what the future will hold for the competitive team, but we will continue to offer developmentally appropriate gymnastics classes as part of USA Gymnastics Junior Olympic program. Please see Angie for any questions or concerns regarding this decision.

Back Handspring Clinics

Make plans now to attend a Back handspring Clinic! To attend the back handspring clinic(s), athletes must be able to perform a good round off and also a good handstand (should be able to support own body weight in a handstand position for a minimum of 30 seconds). The cost is \$18 and must be paid in advance. Athletes also must have a release form on file.

Spring Back Handspring Clinic Remaining: May16

BIRTHDAY PARTIES!

The birthday parties have been a huge success! Thank you to all of you who have chosen to have your birthday party at Aerial's. The 4000 sq. ft. Wilmington gym is a great place for athletes and his/her friends to have a FUN, FUN, FUN and unforgettable birthday party. If you are interested see a staff member, and book your FABULOUS PARTY TODAY!!!!

Class Fees: All parents are required to sign a registration form at the start of each quarter that states that he/she has read the policies and procedures. No exceptions will be made for those parents who choose not to read the policies and procedures.

- **Tuition payments are due on or before the first practice of every month or quarter. A \$5 per week late fee will be applied after the 7th of each month.**
- By enrolling in the quarter, **athletes are committing to the 12-week session.** Although athletes have the option of paying in three monthly installments, **one is still required to pay for the entire quarter.** If an athlete decides to stop coming to class in the middle of the quarter or after one month, he/she will be billed for the remainder of the quarter.
- **If paying in 3 monthly payments, your first summer payment is due now with your summer registration form.** The first payment is due at the time of registration, the 2nd payment on or before June 7th and the 3rd payment on or before July 7th. A \$5 per week late fee will be applied to those payments made after the 7th of each month.

Anniversary Month - Registration Fees

(This is NOT a past due notice, but just a reminder to those whose anniversary month is May:

All athletes are required to pay a \$25 annual registration fee. The annual registration fee is due the first month enrolled and then annually thereafter. Athletes will receive a t-shirt once the registration fee is paid, not before. I would rather not post the past due. Please see an office helper if you have questions, or are unsure as to when your fee is due. Those due (some may have already paid – thank you!) are and any other new student not enrolled at the time of print: **THANK YOU TO THOSE WHO ALREADY PAID ©**

Makayla Ernst-Harper, Mallory Jenkins, Elizabeth Mason, Raelynn Mason, Autumn Palmer

Monthly Prayer Requests / Devotion:

The last class of the month will include the following: a short devotion, a time for athletes to share prayer requests (to be included in the next month's newsletter), and a short prayer. We highly encourage all athletes to participate. If you do not want your child to participate, then please let a staff member know. *Prayer Requests for May; please know that I try to get names & spellings correct*

Animals	Brianna's grandma's surgery	Railey – papaw in hospital	Madison Morgan's chin
Alexis Lamb's grandpa	Lauren Hall – Mom's marriage	Jen Cochran – friend's dad	Ashley Tissot – grandma
Madi C – dad's friend	Hailey Clayborn	Joshlin's friend died	Kendall – grandpa's friend
Riley's friend Ally had surgery	Cory Tolle's grandma	Elizabeth Mason's knee	Jenna Lawson's dad
Mikhayla – Morgan's surgery	Caleb Vanpelt	Darcie Zeckser's grandpa	Avery Cranmer's grandma
Sam A. – grandma	Karlee Rice's brother	Ashlyn Conner – 1 st game	Ms. Randolph
Megan Stewart's sister died	Colt Spencer's friend	Calvin-when riding dirt bike	Courtney Fisher – friends
Makenzie Sweetman's knee	Sydney Walls – Grandma Baker	Lauren Myers-Papaw & Mamaw	Kennedy Thompson-her eye
Sydney Murtland-grandpa	Cheyenne's aunt	Courtney Arnold – grandma	Lydia's Dad & Brother
Faith – death of grandpa	Alissa Hickey's Uncle	Aerial's Athletes & Staff	

I can do all things through Christ who strengthens me. Philippians 4:13

Top 5 Reasons to spend your summer at Aerial's!

5. New Camps & Clinics!
4. More Class Choices including the NEW Tyson Fitness Challenge!
3. Lots of time to get back to basics!
2. To stay in shape and keep up with your skills!
1. FUN, FUN, FUN

Register TODAY for the Summer Quarter 😊