



*Aerial's Athletics, LLC*  
Tumbling, Cheerleading, Acro Gymnastics  
937-987-2250  
aerialsathletics@yahoo.com

---

## *October News*

Dear Athletes & Parents,

On Saturday, October 21, Aerial's All Star Cheerleading Teams will be competing in their first competition of the season. The three teams have been working very hard and are anxious to travel to Columbus to compete in the Jamfest Spirit Jam. Please keep these athletes in your prayers this month.

As many of you are aware, it is expensive to be a member of the Aerial's Acro or Cheerleading Teams. Each year competition, uniform and traveling expenses continue to rise. I often dream of having a facility built especially for us - free of charge where we could offer free classes. Unfortunately, the world doesn't work that way and each month we must pay rent, utilities, insurance and other business expenses. The month of October is a big fundraising month for the gym. Aerial's Acro & Cheerleading Team members will be hard at work at the **3<sup>rd</sup> Annual Golf Tournament to be held Saturday, October 7<sup>th</sup>** at the Elk's in Wilmington. Also, the same day we will be hosting a **Corn hole Tournament at 1 PM** at Royal Z Lanes also in Wilmington. The money from the two tournaments will be distributed as follows:

- 30% to new equipment to benefit all Aerial's athletes
- 30% to the Acro Team
- 25% to the Varsity Cheerleaders
- 10% to the JV Cheerleaders
- 5% to a scholarship fund to help pay for classes for those who couldn't otherwise afford to take a class

***We are asking for your help***.... We still need golfers and people to play in the corn hole tournament. Please see Angie ASAP if you or a family member is interested in participating.

Another way to help the teams is to eat at **Dakota's Roadhouse in Hillsboro on Wednesday, October 11**. 15% of all food purchases will be given back to Aerial's to be split among the Acro & Varsity Cheer Team Members. Please see a team member or Angie for a "Gold Nugget Invitation."

Have a great month!  
God Bless,

### **October Birthdays:**

Mikhayla Carter	October 27	Beginner
Kelsey Cochran	October 26	Varsity Cheer
Bethany Helterbrand	October 15	Acro Team & Elite
Lindsey Jones	October 24	Intermediate
Ashli Maynard	October 9	Acro Team, Varsity Cheer & Elite
Blair Maynard	October 25	Varsity Cheer
Chelsea Rauh	October 23	Advanced
Autumn Rooks	October 5	Advanced
Bailey Zerby	October 17	Preschool

Please see an Aerial's Staff Member to get your birthday sucker!  
If your birthday is in October, but not listed above please let Angie know – sorry!

## Promotions!!!

Congratulations to the following athletes for being promoted this month ☺

**Katie Ames** (New Vienna) promoted to the intermediate class!

**Rachel Avery** (Clarksville) promoted to the intermediate class!

**Shelby Williams** (New Vienna) promoted to the intermediate class!

**Abby Blankenship** (New Vienna) promoted to the advanced class!

**Morgan Shepherd** (New Vienna/Leesburg) promoted to the elite class!

Also, I apologize for leaving **Madi Crowe** off the list last month – she has been promoted to the intermediate class!

## Church Activities

As most of you are aware, the New Vienna United Methodist Church is the home of our cheerleading, acro teams and many recreational classes. The new pastor, Dr. Dale Hatch, and myself would like to personally invite you to attend the church activities scheduled for this month.

**Sunday, October 22** – Family Fun Night from 6-8 PM (a time of fellowship, food & games) **FREE!**

**Saturday, October 28** – Annual Bazaar and Harvest Dinner (handmade crafts & items are sold / dinner is \$6.50 for adults/\$3.50 for children)

**Sunday, October 29** – Tuesday, October 31 – REVIVAL (special music each night at 7 PM) **FREE!**

The Revival speakers will include Dr. Dale Hatch, his wife Kay Hatch and Bill Schilling (Pastor of the Maineville United Methodist Church)

## Schedule Changes:

**The New Vienna gym will be closed on Monday, October 30<sup>th</sup> and Tuesday, October 31<sup>st</sup>** – no classes or team practice. The church will be having a fall revival. You are all invited to attend the revival. Athletes who attend classes on Mondays or Tuesdays may choose a make-up class. Make-ups must be scheduled in advance and completed before the end of the fall quarter.

## Healthy Eating: Part V – GOT MILK?

Over the course of the past week, I have heard many stories about athletes being injured while doing everyday activities. We have had more than one athlete at Aerial's with a broken bone without an accident. I don't know remember this many injuries 20 years ago from simply overuse. Most people didn't break bones unless there was a serious accident. Maybe technology is better today so we find more. I'm not sure. This past week, I visited my dentist and I also had a chance to read a few studies on cavities. The American Academy of Pediatrics now recommends that children as young as 1 year old have a dental check up. Too many young people wait until 3 or 4 then they have a mouth full of cavities. With all that said, my tip for this month is **DRINK MORE MILK!** Or if you don't like milk, then drink OJ with calcium or eat more cheese or yogurt. Whatever you do, make sure you are getting enough calcium every day. CALCIUM is so important to keep strong bones..... GOT MILK?

## Class Fees:

As stated in the registration packet, all class and team fees are due by the first class of the month. If the fees are paid late, there will be a \$5 per week late fee applied. Accounts that are more than 90 days past due may go to a collections agency)

Oct. 1 – 7 = No late fee! \* Oct. 8 – 14 = \$5 late fee \* Oct. 15 – 21 = \$10 late fee \* Oct. 22 - 28 = \$15 late fee \* Oct. 29 or later = \$20

## Registration Fees:

*All athletes are required to pay a \$25 annual registration fee.* The annual registration fee is due the first month enrolled and then annually thereafter. Athletes will receive a t-shirt once the registration fee is paid, not before. I would rather not post the past due. Please see Angie if you have questions or are unsure as to when your fee is due. **Due in October are the following + any other new student who wasn't enrolled at the time of print:**

Madison Bach	Brittany Dance	Orry Friend	Myah Jones	Aubrey Powell
Autumn Rooks	Carlee Smaltz	Chelsea VanDenBerg	Tiffany Woods	

## Monthly Prayer Requests:

The 2<sup>nd</sup> to last class of each month will include a short devotion and a time for prayer requests. I recommend that each child participates, but it is not required. The prayer requests for October are:

Andy Helms	Hannah's Uncle	Madison Snyder – Aunts Wedding & Grandmother
Samantha Actermann's Grandfather		Rachel Schuler's Grandmother
Emily Tissandier's Ear	Shelby William's Cousin	Blankenship's New Church
Ali Powers – Friends Mother	Pets	Jessica Gilliam's Grandmother & Aunt
Jessica Dunn – Friends Sister	Kirstin Lombardo's – Mother surgery	
Faith Sanderson's brother	Jesus / God	Lacie Evan's – friends mother getting out of jail
Soccer Games	Makayla Montgomery	Teigan Thackston's Great Grandma Smith
Taylor Boeckmann – Janie	Brittany Williams – Grandfather having bypass surgery	
Kayla Mosley's Grandmother	Joshlin & Jenna's Grandfather	

*I can do all things through Christ who strengthens me. Philippians 4:13*